

SIDE DISHES サイドオーダー

Ebi Tempura⁸⁰ えび天ぷら £4.00
King prawn tails, deep fried in tempura batter.
Served with warm dashi sauce dip. (x4)

Yasai Tempura^{81 (V)} 野菜天ぷら £3.20
Mixed seasonal vegetables in tempura batter.
Served with warm vegetarian dashi sauce dip.

Salmon Teriyaki⁸² 鮭の照り焼き £3.60
Char-grilled salmon steak with teriyaki sauce,
served with fresh salad and lime.

Squid Teriyaki⁸³ イカの照り焼き £3.60
Char-grilled squid strips with teriyaki sauce,
served with fresh salad and lime.

Ebi Kushiyaki⁸⁴ えび串焼き £4.00
Skewers of char-grilled prawns, marinated in
teriyaki sauce. (x2)

Beef Kushiyaki⁸⁵ 牛串焼き £3.20
Skewers of char-grilled beef, marinated in
teriyaki sauce. (x2)

Chicken Kushiyaki⁸⁶ 鶏ねぎま串焼き £2.90
Skewers of char-grilled chicken, marinated in
teriyaki sauce. (x2)

Yasai Kushiyaki^{87 (V)} 野菜串焼き £2.60
Skewers of char-grilled seasonal vegetables,
marinated in teriyaki sauce. (x2)

Ebi Gyoza⁸⁸ えび餃子 £2.70
Japanese deep fried dumplings filled with
prawn, pork, leek and Chinese leaves. (x4)

Yasai Gyoza^{89 (V)} 野菜餃子 £2.40
Japanese deep fried dumplings filled with
carrot, cabbage, leek and Chinese leaves. (x4)

Ebi Katsu⁹⁰ えびフライ £4.00
Prawns deep fried with Japanese bread
crumbs, served with tonkatsu sauce. (x4)

Gyuniku Maki⁹¹ 牛肉巻き £4.00
Char-grilled sirloin steak rolls filled with
mushroom, lightly sautéed in garlic sake and
soya sauce.

Char Shu⁹² チャーシュー £3.20
Japanese roast pork served with seasoned
soya sauce.

Chicken Shioyaki⁹³ 鶏手羽塩焼き £3.00
Char-grilled chicken wings with salt.

Zaru Soba^{94 (V)} ざる蕎麦 £3.00
Soba noodles served cold, with spring onion,
wasabi and a small bowl of dip.

Agedashi Tofu^{95 (V)} 揚げだし豆腐 £2.70
Deep fried tofu in a vegetarian dashi stock.
Garnished with radish and spring onion.

Edamame^{96 (V)} 枝豆 £2.40
Boiled young green soya bean pods.

EXTRAS...

Plain Yakisoba¹⁰⁰ 素焼きそば £2.70

Plain Yakiudon¹⁰¹ 素焼きうどん £3.20

Fried Rice¹⁰² 卵入り焼き飯 £2.00

Boiled White Rice¹⁰³ 白いご飯 £1.60

Seasonal Veg.¹⁰⁴ 季節の野菜 £2.60

Miso Soup¹⁰⁵ お味噌汁 (お新香付) £1.60

Bean Sprouts¹⁰⁶ もやし炒め £1.60

Fresh Chilli¹⁰⁷ フレッシュチリ £0.50

Chilli Oil¹⁰⁸ チリオイル £0.40

Sushi Ginger¹⁰⁹ がり £0.50

Wasabi¹¹⁰ わさび £0.40

All dishes on this menu are subject to
availability.

Dishes suitable for a vegetarian diet are
marked with a (V).

Although no nuts are used in the preparation
of our menu, some of our ingredients may
contain trace amounts of nut. Please ask a
staff member for further information.
Some of our ingredients used may contain
genetically modified soya and/or maize.

Last orders are 15min. before close.

Delivery Service available at extra charge from
West Wend branch only from 6pm. Limited
delivery areas apply. For more information or
to order, please call:

0141 - 334 9222

INFORMATION

Website

<http://www.ichiban.co.uk>

Ichiban City Centre

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Glasgow, G1 3DS

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Fax: +44 (0)141 - 204 3999

Ichiban West End

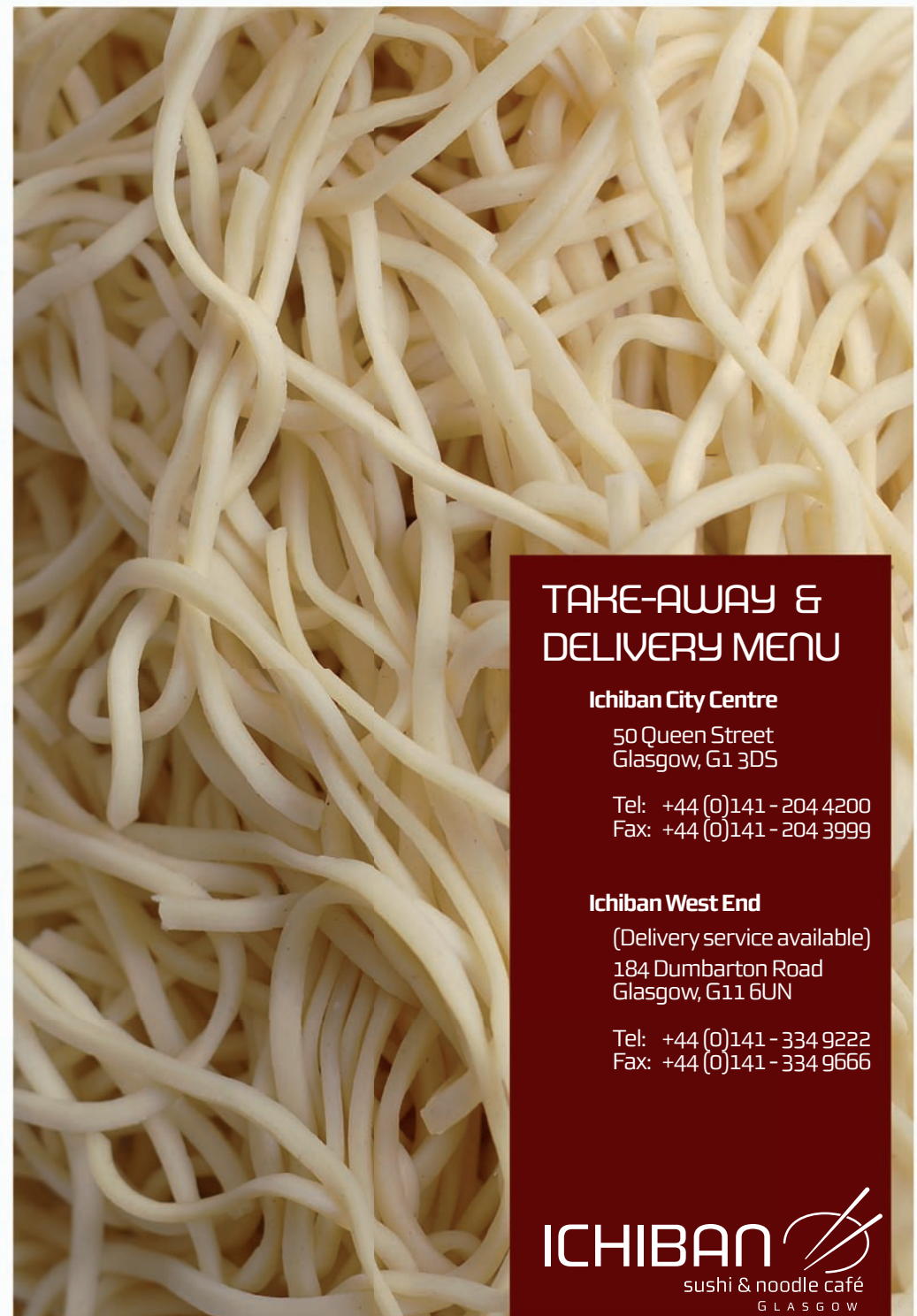
184 Dumbarton Road
Glasgow, G11 6UN

Tel: +44 (0)141 - 334 9222
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Opening Hours

Monday - Wednesday: 12:00 - 22:00
Thursday - Saturday: 12:00 - 23:00
Sunday: 13:00 - 22:00

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TAKE-AWAY & DELIVERY MENU

Ichiban City Centre

50 Queen Street
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ICHIBAN 
sushi & noodle café
GLASGOW

WOK-FRIED 炒め物

Yakisoba or yakiudon noodles, served with onion, green pepper, carrot, bean sprouts, cabbage and spring onion.



- Ichiban Yakisoba** ²²/Yakiudon ²³
いちばん 焼きそば/焼きうどん £6.30
With king prawn, squid, chicken, crabstick, naruto and scallop.
- Seafood Yakisoba** ²⁴/Yakiudon ²⁵
海鮮 焼きそば/焼きうどん £6.30
With king prawn, squid crabstick, naruto and scallop.
- Beef Yakisoba** ²⁶/Yakiudon ²⁷
ビーフ 焼きそば/焼きうどん £6.80
With sliced grilled sirloin steak.
- Chicken Yakisoba** ²⁸/Yakiudon ²⁹
チキン 焼きそば/焼きうどん £5.80
With sliced char-grilled chicken breast.
- Yasai Yakisoba** ³⁰/Yakiudon ³¹ (v)
野菜 焼きそば/焼きうどん £5.50
With mixed vegetables, pickled ginger and spring onion.

SAUCE-BASED ソース物

A variety of sauce based dishes, served with either wok-fried Yakisoba noodles (men) or boiled white rice.



- Ebi Chilli men** ³²/Rice ³³
えびチリ 麺/ライス £6.30
With king prawn in a tomato and chilli sauce.
- Beef Chilli men** ³⁴/Rice ³⁵
ビーフチリ 麺/ライス £6.80
With char-grilled sirloin steak in a tomato and chilli sauce.
- Salmon men** ³⁶/Rice ³⁷
鮭 麺/ライス £6.30
With char-grilled salmon steak, oyster mushroom and spring onion in a crushed peppercorn sauce.
- Chicken Chilli men** ³⁸/Rice ³⁹
チキンチリ 麺/ライス £5.80
With char-grilled chicken breast in a tomato and chilli sauce.
- Yasai Chilli men** ⁴⁰/Rice ⁴¹ (v)
野菜チリ 麺/ライス £5.50
With mixed vegetables and tofu in a tomato and chilli sauce.

CURRY-BASED カレー物

Dishes in a light Japanese curry sauce, served with either wok-fried Yakisoba noodles (men) or boiled white rice.



- Ebi Curry men** ⁴²/Rice ⁴³
えびカレー 麺/ライス £6.30
With king prawns.
- Beef Curry men** ⁴⁴/Rice ⁴⁵
ビーフカレー 麺/ライス £6.80
With char-grilled sirloin steak.
- Chicken Curry men** ⁴⁶/Rice ⁴⁷
チキンカツカレー 麺/ライス £5.80
With fillet of chicken deep fried with Japanese bread crumbs.
- Pork Curry men** ⁴⁸/Rice ⁴⁹
ポークカツカレー 麺/ライス £5.80
With fillet of pork deep fried with Japanese bread crumbs.
- Yasai Curry men** ⁵⁰/Rice ⁵¹ (v)
野菜天ぷらカレー 麺/ライス £5.50
With mixed vegetables in tempura batter.

RICE DISHES ご飯物

A variety of Japanese rice dishes.



- Ten-don** ⁵²
天丼 £6.30
With king prawns in tempura batter, served with boiled white rice.
- Una-don** ⁵³
鰻丼 £6.80
With sliced char-grilled freshwater eel, served with boiled white rice.
- Kaisen Rice** ⁵⁴
海鮮チャーハン £6.30
A Japanese fried rice dish, with king prawn, squid, naruto, crabstick and scallop.
- Gyu-don** ⁵⁵
牛丼 £6.30
With sliced sirloin steak, onion and ginger, served with boiled white rice.
- Oyako-don** ⁵⁶
親子丼 £5.80
With chicken and egg cooked in soya sauce and sake, served with boiled white rice.

BENTO お弁当

Portable meal boxes with a variety of bite sized foods. Our bento boxes are served with 3 pieces of sushi, 3 gyoza and 2 onigiri.



- Tempura Bento** ⁵⁷
天ぷら弁当 £10.30
With king prawn, salmon strip and mixed vegetables, deep fried in a light tempura batter.
- Katsu Bento** ⁵⁸
カツ弁当 £10.30
With king prawn, chicken breast and scallop, deep fried with Japanese bread crumbs.
- Kaisen Bento** ⁵⁹
海鮮弁当 £10.30
With grilled king prawn, salmon steak and scallop, marinated in teriyaki sauce.
- Gyuniku Maki Bento** ⁶⁰
牛肉巻き弁当 £10.30
With grilled sirloin steak rolls filled with mushroom, lightly sautéed in garlic, sake and soya sauce.
- Aigamo Rosu Bento** ⁶¹
合鴨コース弁当 £10.30
With grilled duck breast, lightly sautéed in garlic, sake and soya sauce.
- Yasai Bento** ⁶² (v)
野菜弁当 £8.70
With deep-fried tofu and mixed vegetables in a vegetarian dashi stock.

GLOSSARY

- Ramen:** Thin, yellow, egg + wheat flour noodle.
Udon: Thick, white, wheat flour noodle.
Soba: Thin, brown, buckwheat noodle.
Yakisoba: Fried chow-mein style egg noodle.
Yakiudon: Fried udon noodle.
men: Abbreviation for Yakisoba noodles.
-don(buri): Japanese rice bowl dish.

- Dashi:** Base stock use for soup traditionally made with kelp and bonito.
Miso: Soya based bean paste.
Naruto: Japanese fish-cake.
Onigiri: Rice balls wrapped with nori.
Teriyaki Sauce: Soya sauce with mirin (sweetened rice wine) and sake.
Wasabi: Japanese horse radish mustard.

SUSHI お寿司

Japan's most representative food, hand made on the premises. Served with sushi ginger, wasabi and soya sauce.



- Ebi Nigiri** ⁶³ えびにぎり £2.20
Hand formed sushi rice topped with prawn. (x2)
- Amaebi Nigiri** ⁶⁴ 甘えびにぎり £2.20
Hand formed sushi rice topped with sweet shrimp. (x2)
- Sake Nigiri** ⁶⁵ 鮭にぎり £2.20
Hand formed sushi rice topped with salmon. (x2)
- Tekka Nigiri** ⁶⁶ 鉄火にぎり £2.20
Hand formed sushi rice topped with tuna. (x2)
- Tako Nigiri** ⁶⁷ たこにぎり £2.20
Hand formed sushi rice topped with octopus. (x2)
- Tamago Nigiri** ⁶⁸ (v) 玉子にぎり £2.10
Hand formed sushi rice topped with Japanese omelette. (x2)
- California Maki** ⁶⁹ カリフォルニア巻 £2.70
Sushi rice roll filled with crabstick, cucumber and Japanese omelette, rolled in fish roe. (x4)
- Futomaki** ⁷⁰ 太巻 £2.60
Large sushi rice roll filled with crabstick, cucumber and omelette. (x4)
- Sake Maki** ⁷¹ 鮭巻 £2.20
Sushi rice roll filled with salmon. (x4)
- Tekka Maki** ⁷² 鉄火巻 £2.20
Sushi rice roll filled with tuna. (x4)
- Avocado Maki** ⁷³ (v) アボカド巻 £2.20
Sushi rice roll filled with avocado and mayonnaise. (x4)
- Oshinko Maki** ⁷⁴ (v) お新巻 £1.80
Sushi rice roll filled with pickled radish. (x4)
- Kappa Maki** ⁷⁵ (v) かっぱ巻 £1.60
Sushi rice roll filled with cucumber. (x4)
- Inari Sushi** ⁷⁶ (v) いなり寿司 £1.90
Fried tofu-skin pockets filled with sushi rice. (x2)
- Temaki** ⁷⁷ 手巻き £2.00
Hand rolled conical sushi. Ask staff for details. Served one per order.
- Mixed Sushi** ⁷⁸
寿司盛り合わせ £10.00
Containing 1 piece each of Ebi Nigiri, Amaebi Nigiri, Sake Nigiri, Tekka Nigiri, Tako Nigiri, Tamago Nigiri, California Maki, Futomaki, Tekka Maki and Kappa Maki
- Vegetarian Mixed Sushi** ⁷⁹ (v)
野菜寿司盛り合わせ £4.70
Containing 1 piece Tamago Nigiri, 1 piece Inari Sushi and 2 pieces each of Kappa Maki, Avocado Maki and Oshinko Maki.