

**ALLERGENS BY MENU ITEM**

Menu Item	ALLERGEN IDENTIFICATION TABLE													
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
	CELERY	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGG	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE

SUTABLE FOR		
Vegetarian	Vegan	Coeliacs (Gluten-Free)

Comments
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**SOUPS**

Ichiban Ramen	-	✓	✓	✓	-	-	-	✓	-	-	-	-	✓	-
Ichiban Udon	-	✓	✓	✓	-	-	-	✓	-	-	-	-	✓	-
Ichiban Soba	-	✓	✓	✓	-	-	-	✓	-	-	-	-	✓	-
Ichiban Chilli Ramen	-	✓	✓	✓	✓	-	-	✓	-	-	-	-	✓	-
Ichiban Chilli Udon	-	✓	✓	✓	✓	-	-	✓	-	-	-	-	✓	-
Ichiban Chilli Soba	-	✓	✓	✓	✓	-	-	✓	-	-	-	-	✓	-
Seafood Ramen	-	✓	✓	-	-	-	-	✓	-	-	-	-	✓	-
Seafood Udon	-	✓	✓	-	-	-	-	✓	-	-	-	-	✓	-
Seafood Soba	-	✓	✓	-	-	-	-	✓	-	-	-	-	✓	-
Seafood Chilli Ramen	-	✓	✓	-	✓	-	-	✓	-	-	-	-	✓	-
Seafood Chilli Udon	-	✓	✓	-	✓	-	-	✓	-	-	-	-	✓	-
Seafood Chilli Soba	-	✓	✓	-	✓	-	-	✓	-	-	-	-	✓	-
Salmon Ramen	-	✓	-	-	✓	-	-	-	-	-	-	-	✓	-
Salmon Udon	-	✓	-	-	✓	-	-	-	-	-	-	-	✓	-
Salmon Soba	-	✓	-	-	✓	-	-	-	-	-	-	-	✓	-
Salmon Chilli Ramen	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-
Salmon Chilli Udon	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-
Salmon Chilli Soba	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-
Beef Ramen	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Beef Udon	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Beef Soba	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Beef Chilli Ramen	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-
Beef Chilli Udon	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-
Beef Chilli Soba	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-
Chicken Ramen	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Chicken Udon	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Chicken Soba	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Chicken Chilli Ramen	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-
Chicken Chilli Udon	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-
Chicken Chilli Soba	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-
Yasai Ramen	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Yasai Udon	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Yasai Soba	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Yasai Chilli Ramen	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-
Yasai Chilli Udon	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-
Yasai Chilli Soba	-	✓	-	-	✓	-	-	✓	-	-	-	-	✓	-

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-	-	-
-	-	-
-	-	-
✓	✓	-
✓	✓	-
✓	✓	-
-	-	-
-	-	-
-	-	-

**Notes:**

Kimchee base contains bonito, soybeans and squid extract.
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SUTABLE FOR		
Vegetarian	Vegan	Coeliacs (Gluten-Free)

Comments
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**YAKISOBA**

Ichiban Yakisoba	✓	✓	✓	✓	-	-	✓	✓	-	-	-	-	✓	-
Seafood Yakisoba	✓	✓	✓	✓	-	-	-	✓	-	-	-	-	✓	-
Beef Yakisoba	✓	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Chicken Yakisoba	✓	✓	-	-	-	-	✓	-	-	-	-	-	✓	-
Yasai Yakisoba	✓	✓	-	-	-	-	-	-	-	-	-	-	✓	-

-	-	-
-	-	-
-	-	-
-	-	-
✓	✓	-

**Notes:**  
 Naruto contains egg white and egg white powder.  
 Tonkatsu sauce is now vegan. Contains mustard.  
 No gluten-free options.  
 Chicken breast contains milk.

**YAKI UDON**

Ichiban Yakiudon	✓	✓	✓	✓	-	-	✓	✓	-	-	-	-	✓	-
Seafood Yakiudon	✓	✓	✓	✓	-	-	-	✓	-	-	-	-	✓	-
Beef Yakiudon	✓	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Chicken Yakiudon	✓	✓	-	-	-	-	✓	-	-	-	-	-	✓	-
Yasai Yakiudon	✓	✓	-	-	-	-	-	-	-	-	-	-	✓	-

-	-	-
-	-	-
-	-	-
-	-	-
✓	✓	-

**Notes:**  
 Naruto contains egg white and egg white powder.  
 Tonkatsu sauce is now vegan. Contains mustard.  
 No gluten-free options.  
 Chicken breast contains milk.

**CHAHAN**

Ichiban Chahan	-	✓	✓	✓	-	-	✓	✓	-	-	-	-	✓	-
Seafood Chahan	-	✓	✓	✓	-	-	-	✓	-	-	-	-	✓	-
Chashu Prawn Chahan	-	✓	✓	✓	-	-	-	-	-	-	-	-	✓	-
Beef Chahan	-	✓	-	✓	-	-	-	-	-	-	-	-	✓	-
Chicken Chahan	-	✓	-	✓	-	-	✓	-	-	-	-	-	✓	-
Yasai Chahan	-	✓	-	✓	-	-	-	-	-	-	-	-	✓	-

-	-	YES*
-	-	YES*
-	-	-
-	-	YES*
-	-	YES*
✓	✓	YES*

**Notes:**  
 Naruto contains egg white and egg white powder.  
 Chicken breast contains milk.  
 \*Gluten-free option:  
 Crabstick must be removed and soy sauce substituted for Tamari.

**CHILLI**

Ebi Chilli Yakisoba	-	✓	✓	-	-	-	-	-	-	-	-	-	✓	-
Ebi Chilli Rice	-	-	✓	-	-	-	-	-	-	-	-	-	-	-
Ebi Chilli [Fried Rice]	-	-	✓	✓	-	-	-	-	-	-	-	-	✓	-
Beef Chilli Yakisoba	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Beef Chilli Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Beef Chilli [Fried Rice]	-	-	-	✓	-	-	-	-	-	-	-	-	✓	-
Salmon Chilli Yakisoba	-	✓	-	-	✓	-	-	-	-	-	-	-	✓	-
Salmon Chilli Rice	-	-	-	-	✓	-	-	-	-	-	-	-	-	-
Salmon Chilli [Fried Rice]	-	-	-	✓	✓	-	-	-	-	-	-	-	✓	-
Chicken Chilli Yakisoba	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Chicken Chilli Rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Chicken Chilli [Fried Rice]	-	-	-	✓	-	-	-	-	-	-	-	-	✓	-
Yasai Chilli Yakisoba	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Yasai Chilli Rice	-	-	-	-	-	-	-	-	-	-	-	-	✓	-
Yasai Chilli [Fried Rice]	-	-	-	✓	-	-	-	-	-	-	-	-	✓	-

-	-	-
-	-	✓
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-	-	✓
✓	✓	-
✓	✓	✓
✓	-	-

**Notes:**  
 Yasai-Chilli contains fried tofu (soyabean).

**ALLERGENS BY MENU ITEM**

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SUTABLE FOR		
Vegetarian	Vegan	Coeliacs (Gluten-Free)

Comments
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**CURRY**

Beef Curry Noodles	*	✓	-	-	-	-	*	-	✓	-	-	-	✓	-
Beef Curry Rice	*	✓	-	-	-	-	*	-	✓	-	-	-	✓	-
Beef Curry Fried Rice	*	✓	-	✓	-	-	*	-	✓	-	-	-	✓	-
Chicken Katsu Curry Noodles	*	✓	-	✓	-	-	*	-	✓	-	-	-	✓	-
Chicken Katsu Curry Rice	*	✓	-	✓	-	-	*	-	✓	-	-	-	✓	-
Chicken Katsu Curry Fried Rice	*	✓	-	✓	-	-	*	-	✓	-	-	-	✓	-
Pork Katsu Curry Noodles	*	✓	-	✓	-	-	*	-	✓	-	-	-	✓	-
Pork Katsu Curry Rice	*	✓	-	✓	-	-	*	-	✓	-	-	-	✓	-
Pork Katsu Curry Fried Rice	*	✓	-	✓	-	-	*	-	✓	-	-	-	✓	-
Yasai Curry Noodles	*	✓	-	-	-	-	*	-	✓	-	-	-	✓	-
Yasai Curry Rice	*	✓	-	-	-	-	*	-	✓	-	-	-	✓	-
Yasai Curry Fried Rice	*	✓	-	✓	-	-	*	-	✓	-	-	-	✓	-

-	-	-
-	-	-
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-	-	-
-	-	-
-	-	-
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-	-	-
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✓	✓	-
✓	✓	-
✓	-	-

**Notes:**

*Curry sauce may contains traces of milk and celery. Katsu fillets contain egg.
--

**DONBURI**

Gyu-Don*	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Gyu-Don [Fried Rice]*	-	✓	-	✓	-	-	-	-	-	-	-	-	✓	-
Oyako-Don*	-	✓	-	✓	-	-	-	-	-	-	-	-	✓	-
Oyako-Don [Fried Rice]*	-	✓	-	✓	-	-	-	-	-	-	-	-	✓	-
Katsu-Don	-	✓	-	✓	-	-	-	-	-	-	-	-	✓	-
Katsu-Don [Fried Rice]	-	✓	-	✓	-	-	-	-	-	-	-	-	✓	-

-	-	YES*
-	-	YES*
-	-	YES*
-	-	YES*
-	-	-
-	-	-

**Notes:**

*Gluten-free option: Substitute soy sauce for Tamari.
--

**BENTO**

Tempura Bento	-	✓	✓	-	✓	-	-	-	✓	-	-	✓	✓	*
Katsu Bento	-	✓	-	-	✓	-	-	-	✓	-	-	✓	✓	*
Kaisen Bento	-	✓	✓	-	✓	-	-	✓	✓	-	-	✓	✓	*
Gyuniku-maki Bento	-	✓	-	-	✓	-	-	-	✓	-	-	✓	✓	*
Yasai Bento	-	✓	-	-	-	-	-	-	✓	-	-	*	✓	*

-	-	-
-	-	-
-	-	-
-	-	-
✓	✓	-

**Notes:**

Pickled cucumber contains sesame seeds and sulphies Tempura bento contains salmon. Chicken and Vegetable Gyoza has sesame.
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**ALLERGENS BY MENU ITEM**

Menu Item	ALLERGEN IDENTIFICATION TABLE													
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SUTABLE FOR		
Vegetarian	Vegan	Coeliacs (Gluten-Free)

Comments
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**SUSHI**

Ebi Nigiri	-	-	✓	-	-	-	-	-	-	-	-	-	-	-
Amaebi Nigiri	-	-	✓	-	-	-	-	-	-	-	-	-	-	-
Sake Nigiri	-	-	-	-	✓	-	-	-	-	-	-	-	-	-
Tekka Nigiri	-	-	-	-	✓	-	-	-	-	-	-	-	-	-
Tako Nigiri	-	-	-	-	-	-	-	✓	-	-	-	-	-	-
Tamago Nigiri	-	-	-	✓	-	-	-	-	-	-	-	-	-	-
Inari Sushi	-	✓	-	-	-	-	-	-	-	-	-	✓	-	-
California Maki	-	✓	✓	✓	✓	-	-	✓	-	-	-	✓	-	-
Futomaki	-	✓	✓	✓	✓	-	-	✓	-	-	-	-	-	-
Sake Maki	-	-	-	-	✓	-	-	-	-	-	-	-	-	-
Tekka Maki	-	-	-	-	✓	-	-	-	-	-	-	-	-	-
Avocado Maki	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Oshinko Maki	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Kappa Maki	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Mixed Sushi	-	✓	✓	✓	✓	-	-	✓	-	-	-	✓	-	-
Veg. Mixed Sushi	-	✓	-	✓	-	-	-	-	-	-	-	✓	-	-
Mixed Nigiri	-	✓	✓	-	✓	-	-	✓	-	-	-	-	-	-
Mixed Maki	-	✓	✓	✓	✓	-	-	✓	-	-	-	✓	-	-

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-	-	✓
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✓	✓	-
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**Notes:**

Sushi rice contains spirit vinegar.
Crabstick contains surimi (fish), crab (crustacean), egg, wheat.
Wasabi contains mustard.
Tobiko contains wheat and soybean.
Tofu pockets contain wheat and soy.

**ALLERGENS BY MENU ITEM**

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SUTABLE FOR		
Vegetarian	Vegan	Coeliacs (Gluten-Free)

Comments
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**SIDES**

Ebi Tempura	-	✓	✓	-	-	-	-	-	-	-	-	-	✓	-
Yasai Tempura	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Salmon Teriyaki	-	✓	-	*	✓	-	-	-	*	-	-	-	✓	-
Squid Teriyaki	-	✓	-	*	-	-	-	✓	*	-	-	-	✓	-
Beef Kushiyaki	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Chicken Kushiyaki	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Yasai Kushiyaki	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Chicken & Veg Gyoza	-	✓	-	-	-	-	-	-	-	-	-	✓	✓	-
Yasai Gyoza	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Ebi Katsu	-	✓	✓	✓	-	-	-	-	-	-	-	-	✓	-
Chicken Katsu	-	✓	-	✓	-	-	-	-	-	-	-	-	✓	-
Gyuniku-maki	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Chashu	-	✓	-	-	-	-	-	-	-	-	✓	-	✓	-
Zaru Soba	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Agedashi Tofu	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Edamame	-	-	-	-	-	-	-	-	-	-	-	-	✓	-
Tonkatsu	✓	✓	-	✓	-	-	-	✓	-	-	-	-	✓	-
Korroke	✓	✓	-	-	-	-	-	-	-	-	-	-	✓	-

-	-	-
✓	✓	-
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-	-	-
-	-	-
✓	✓	-
-	-	-
✓	✓	-
-	-	-
-	-	-
-	-	-
-	-	-
✓	✓	-
✓	✓	YES*
✓	✓	✓
-	-	-
✓	✓	-

**Notes:**

<p>Mayonnaise contains mustard, egg and soybean.                  Sauce for char-shu contains sesame oil.                  Tonkatsu sauce contains soy, oyster extracts, spices.                  Chicken and Vegetable Gyoza conatins sesame.                  Tofu can be had without sauce as gluten-free option.</p>
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**ALLERGENS BY MENU ITEM**

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SUTABLE FOR		
Vegetarian	Vegan	Coeliacs (Gluten-Free)

Comments
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**EXTRAS**

Plain Soup Ramen	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Plain Soup Udon	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Plain Soup Soba	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Plain Yakisoba	-	✓	-	-	-	-	-	✓	-	-	-	-	✓	-
Plain Yakiudon	-	✓	-	-	-	-	-	✓	-	-	-	-	✓	-
Fried rice	-	✓	-	✓	-	-	-	-	-	-	-	-	✓	-
Japanese fried rice	-	✓	-	✓	-	-	-	-	-	-	-	-	✓	-
Boiled white rice	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Mixed Vegetables	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Miso soup	-	-	-	-	-	-	-	-	-	-	-	-	✓	-
Beansprouts	-	✓	-	-	-	-	-	-	-	-	-	-	✓	-
Fresh Chilli	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Chilli Oil	-	✓	-	-	-	-	-	-	-	-	-	✓	✓	-
Sushi Ginger	-	-	-	-	-	-	-	-	-	-	-	-	-	✓
Wasabi	-	-	-	-	-	-	-	-	✓	-	-	-	-	-
Pickles	-	✓	-	-	-	-	-	-	-	-	-	✓	-	✓
Curry Sauce	*	✓	-	-	-	-	*	-	✓	-	-	-	✓	-

✓	✓	-
✓	✓	-
✓	✓	-
✓	✓	-
✓	✓	-
✓	-	YES*
✓	-	YES*
✓	✓	✓
✓	✓	YES*
✓	✓	✓
✓	✓	YES*
✓	✓	✓
✓	✓	✓
✓	✓	✓
✓	✓	✓
✓	✓	✓
✓	-	-

**Notes:**

<p>Yakisoba and Yaki Udon are wok fried with vegan tonkatsu sauce.</p> <p>Wok fried with egg and soy sauce. Gluten-free option: Use Tamari instead of soy sauce.</p> <p>Pickled cucumber has sesame seeds.</p>
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- Tonkatsu dip
- Japanese mayo
- Siracha mayo
- Siracha

✓	-	-	-	-	-	-	-	-	-	-	-	-	-	-
-	✓	-	✓	-	-	-	-	-	✓	-	-	-	✓	-
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**Notes:**

<p>Soybean, egg, wheat, mustard seed. Soybean, mustard seed. May contain traces of wheat and sesame. Contains E222</p>
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